COVID-19 Alert : 20 March 2022
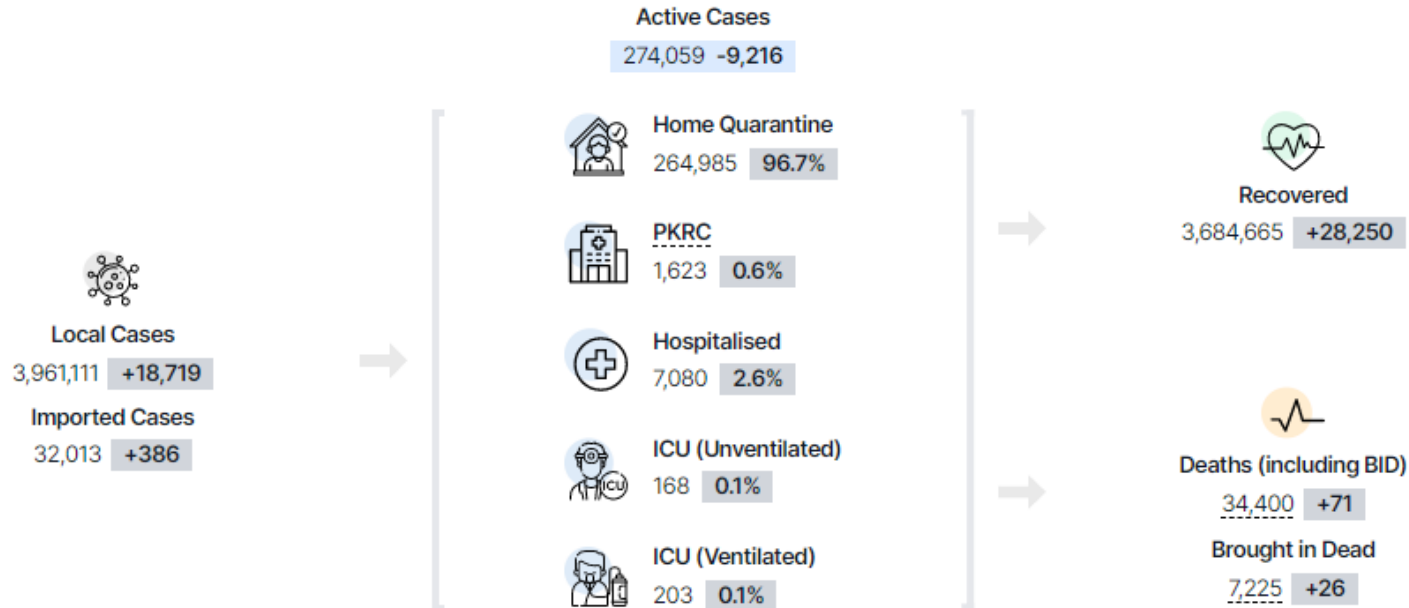
Cases
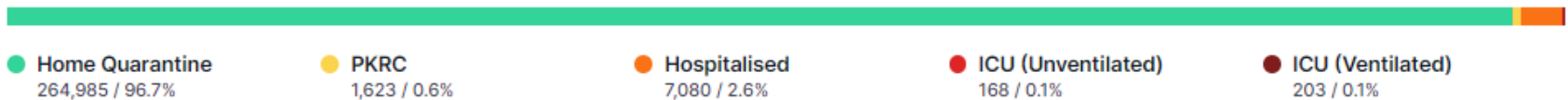
Active COVID-19 Cases
Data for Malaysia

Active Cases
274,059 -9,216

Local Cases
3,961,111 +18,719

Imported Cases
32,013 +386

Home Quarantine
264,985 96.7%

PKRC
1,623 0.6%

Hospitalised
7,080 2.6%

ICU (Unventilated)
168 0.1%

ICU (Ventilated)
203 0.1%

Recovered
3,684,665 +28,250

Deaths (including BID)
34,400 +71

Brought in Dead
7,225 +26

Distribution - Active Cases

● **Home Quarantine**
264,985 / 96.7%

● **PKRC**
1,623 / 0.6%

● **Hospitalised**
7,080 / 2.6%

● **ICU (Unventilated)**
168 / 0.1%

● **ICU (Ventilated)**
203 / 0.1%

Highlights (as at 20 March 2022):
Imported 386: 373 Malaysian; 13 Non-Malaysianl; **Local 18,719**: 18,046 Malaysian (96.4%); 673 Non-Malaysian (3.6%)
From 19,105: 193 cases (1%): Category 3, 4 & 5; 18,912 cases (99%): Category 1 & 2.

As we transition into COVID-19 endemicity, it is important to learn how to live with the virus by practicing the new norms. Get tested with a **self-test kit immediately if you develop any symptoms.**

When should you get tested for COVID-19?

- Fever/chills
- Fatigue
- Breathing difficulty
- Body/muscle ache
- Runny nose
- Cough/sore throat
- Vomiting/diarrhoea
- Loss of sense of taste or smell
- Headache

PERUBAHAN TERKINI PENGURUSAN KES DI DALAM KOMUNITI OLEH CAC DAN CAC MAYA

- Individu positif COVID-19 TIDAK BERGEJALA (Kategori 1) dan bergejala ringan (Kategori 2A) TIDAK PERLU HADIR ke CAC.

- Pesakit dalam kategori ini perlu melaporkan status kesihatan masing-masing dua kali sehari (sebelum 12 tengah hari dan 6 petang melalui *Health Assessment Tool (HAT)* MySejahtera.

- Sekiranya pesakit tidak melakukan HAT, SMS atau panggilan daripada perkhidmatan Automated Voice Recording (Robocall) akan dihantar sebagai peringatan.

- Hanya individu yang positif COVID-19 bergejala sederhana (Kategori 2B) dan ke atas dikehendaki hadir ke CAC untuk penilaian dan pemeriksaan lanjut sama ada perlu dirujuk ke hospital.

- Maklumat berkenaan senarai terkini CAC boleh diperolehi di https://covid-19.moh.gov.my/hotline

- Jika keadaan merosot atau dalam kecemasan sila hadir ke fasiliti kesihatan berhampiran atau hubungi 999.
- Hubungi talian bantuan CAC Maya (Virtual CAC Helpline) 03-77239299 untuk sebarang pertanyaan lanjut.

Bersama Hentikan Wabak COVID-19   moh.gov.my

KENYATAAN MEDIA KETUA PENGARAH KESIHATAN, 24 F...

https://covid-19.moh.gov.my/semasa-kkm/2022/03/tindakan-sekiranya-tanggungan-anda-disahkan-positif-covid-19

Don't forget to protect your little ones by signing up the vaccination **PICKids** in My Sejahtera.

https://covid-19.moh.gov.my/vaksin-covid-19/pickids