

COVID-19 Alert : 13 March 2022



Cases

Active COVID-19 Cases

Data for Malaysia

Data as of 13 Mar 2022, 11:59 pm



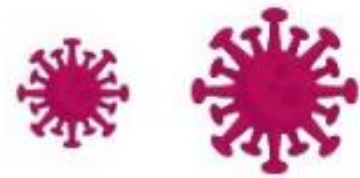
Highlights (as at 13 March 2022):

Imported 361: 327 Malaysian; 34 Non-Malaysian; **Local 22,174:** 21,522 Malaysian (97.1%); 652 Non-Malaysian (2.9%)

From 22,535: 185 cases (0.8%): Category 3, 4 & 5; 22,350 cases (99.2%): Category 1 & 2.



Announcement: New Requirements for Tier 2



- Recently there have been a handful of suspected / probable office transmission cases in HQ.
- In order to **minimize the risk of transmission within our business premise**, the Management has agreed to tighten our SOP for the safety of everyone.
- In a nutshell, **Tier 2 who resume working in the office** are required to comply with the following rules during the monitoring period (before final self-test) **with immediate effect**.

Interaction:

- **Avoid face-to-face interaction with colleagues.**
- **Connect** with each other **virtually** using Webex Meet, WhatsApp Chat, phone call etc.
- Put your **well-fitting mask** on all the times, **even at your own work station**.



Meal:

- **Do not eat out with colleagues / friends / business partners over breakfast or lunch.**
- Consider safer alternatives e.g. **takeaway or a food delivery service.**
- **Eat at your own work station.**



REMINDER



1

Observe the advice provided in the ERP Matrix (including leaving the office for quarantine within 15 minutes upon advice by ERT).

2

Compulsory mask wearing when in conversation, either face-to-face or over the phone / con-call at your own desk.

3

Observe physical distancing of at least 1 meter apart.

4

Ensure visitor fill up the **Visitor log book** before entering office premises.

5

Scan **MySejahtera QR Code*** before entering the business premise.

6

Practice **virtual meeting** via WebEx, WhatsApp call, etc.

7

Maximum 4 can enter the pantry at any point in time (HQ). (This may differ subject to the size of the pantry.)

8

Keep interaction (including discussion) short of **not more than 15 minutes** whenever possible.

9

Observe **accurate & timely disclosure of information**, i.e., to alert ERT & HOD of suspected / quarantine / mass swab testing due to symptoms etc.

10

Observe **good hygiene** at all times. Wash hand frequently.

10 CMG & ERP “Commandments”



REMINDER



Bersama
Hentikan
Wabak
Covid-19



Hentikan Penularan COVID-19 Di tempat Kerja Amalkan norma baharu & patuh SOP yang ditetapkan

Imbas aplikasi MySejahtera
sebelum memasuki premis



Kerap mencuci tangan
menggunakan air dan sabun
atau hand sanitizer



Lakukan saringan suhu badan dipintu
masuk premis (suhu melebihi 37.5°C
tidak dibenarkan masuk)



Amalkan etika batuk dan
bersin yang betul



Sentiasa memakai pelitup muka
semasa di tempat kerja



Amalkan penjarakan fizikal
dan elakkan kesesakan di lif,
pantri, surau dan tempat rehat



Elakkan berjabat tangan dan
gunakan kaedah memberi salam
tanpa sentuhan



Disinfeksi permukaan yang
kerap disentuh seperti
tombol pintu dan meja



HADKAN PERJUMPAAN FIZIKAL

- Gunakan persidangan video
dan bukannya perjumpaan
bersemuka
- Laksanakan bekerja dari
rumah seperti ditetapkan
jabatan
- Tangguhkan semua lawatan
kerja yang kurang penting
- Amalkan waktu rehat secara
bergilir di tempat kerja

PENGUDARAAN YANG BAIK

- Buka tingkap untuk
pengudaraan semulajadi
jika sesuai
- Rujuk Garis Panduan bagi
penggunaan pengudaraan
mekanikal



JANGAN KE TEMPAT KERJA JIKA....

- Anda mengalami gejala
COVID-19
- Ahli keluarga anda disyaki
kes COVID-19 dan menunggu
keputusan ujian



Sumber: Kementerian Kesihatan Malaysia

