

COVID-19 Alert : 6 March 2022



Highlights (as at 6 March 2022):

Imported 254: 232 Malaysian; 22 Non-Malaysian; **Local 27,181:** 26,263 Malaysian (96.6%); 918 Non-Malaysian (3.4%)

From 27,435: 184 cases (0.7%): Category 3, 4 & 5; 27,251 cases (99.3%): Category 1 & 2.





91% of COVID-19 brought-in-dead cases in Malaysia unaware of infection*: Khairy
"We found through the survey, over 50 per cent of family members assumed the sickness experienced by the deceased was light, and did not refer them to a health facility quickly," said the minister.
"And when it was detected, it was too late.

COVID-19
#WalaupunMeninggal

APAKAH **WARNING SIGNS** KEADAAN PESAKIT COVID-19 SEMAKIN TERUK?

Warning signs merupakan gejala yang memberi petanda bahawa keadaan seseorang pesakit COVID-19 semakin teruk. Antara *warning signs* yang memerlukan tindakan dan rawatan segera adalah seperti berikut:

- Sakit dada berterusan
- Kesukaran bernafas / bernafas laju
- Batuk berpanjangan
- Kelesuan bertambah teruk
- Demam berpanjangan
- Muntah atau cirit-birit yang teruk
- Kurang selesa makan dan minum
- Perubahan status mental seperti kekeliruan/ kurang tahap sedar
- Kurang buang air kecil
- Bibir atau jari menjadi kebiruan
- Ketepuan oksigen <95%

Perhatikan Kantaan Covid-19

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BAGAIMANAKAH BID COVID-19 BOLEH DIELAKKAN ?

- ✓ Pantau dan kemaskini status kesihatan sendiri melalui *Home Assessment Tool (HAT)* dalam aplikasi MySejahtera
- ✓ Jika tidak bergejala, terus lakukan pemantauan sendiri setiap hari sehingga tamat tempoh kuarantin.
- ✓ Orang awam perlu mengetahui dan mengenal pasti *warning signs* COVID-19
- ✓ *Warning signs* seperti kesesakan bernafas boleh dipantau menggunakan pulse oximeter.
- ✓ Ahli keluarga atau rakan serumah dinasihatkan agar prihatin dan peka terhadap keadaan dan kesihatan pesakit COVID-19.

Jika gejala pesakit semakin teruk, segera hadir ke CAC fizikal atau CAC Helpline di talian 0377239299 atau pergi ke hospital. Jika kecemasan hubungi 999

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*Based on the analysis of 113 BID cases between Feb 5 and Feb 21.
<https://www.channelnewsasia.com/asia/malaysia-covid-19-brought-dead-unaware-infection-khairy-2535726>



REMINDERS



GET TESTED IF UNWELL

Immediately take a Covid-19 test if you have symptoms e.g. fever, cough, fatigue.



TEST BEFORE GATHERING

Do a rapid test before going for gatherings with other people. Keep everyone safe.



ALWAYS MASK UP

Wear a face mask when you are outside your home, especially when seeing others.



KEEP YOUR HANDS CLEAN

Wash and sanitise your hands regularly. Avoid touching your face if possible.



AVOID THE 3CS

Stay away from the 3Cs: Closed areas, Crowded places and Close interactions.



MIND YOUR DISTANCE

Observe adequate physical distancing of at least 1 meter from other people.

VACCINATIONS

Research studies globally show that vaccinations provide the best protection against Covid-19 infections, in particular severe illness and death.



Ensure that you and your family are fully vaccinated.



Stay updated. Take your booster doses when you become eligible for them.



Consider enrolling your children for vaccination once it is available to them.

9X

UNVACCINATED PEOPLE
ARE **9X MORE LIKELY TO
BE INFECTED**

62X

UNVACCINATED PEOPLE
ARE **62X MORE LIKELY TO
DIE FROM COVID-19**

SOURCE: MINISTRY OF HEALTH, MALAYSIA & CENTERS FOR DISEASE CONTROL AND PREVENTION, US

