

COVID-19 Alert : 30 January 2022



STATUS TERKINI COVID-19 DI MALAYSIA

Dikemaskini 30 Januari 2022, 11.59 malam



Kes Aktif

53,248



Kuarantin Di Rumah
45,883 86.2%



Pusat Kuarantin
4,247 8.0%



Hospital
2,998 5.6%



ICU (tidak perlu ABP)
55 0.1%



ICU (perlu ABP)
65 0.1%



Sembuh
3,056



Kes Tempatan
4,727
Kes Import
188



Kematian
8
(1 BID)



Vaksinasi

Populasi Malaysia
Sekurang-kurangnya 1 Dos: 79.8%
Lengkap Divaksinasi: 78.7%

Populasi Dewasa
Sekurang-kurangnya 1 Dos: 99.1%
Lengkap Divaksinasi: 97.9%

Populasi Remaja (12-17)
Sekurang-kurangnya 1 Dos: 91.1%
Lengkap Divaksinasi: 88.6%



moh.gov.my

Untuk maklumat lanjut: covidnow.moh.gov.my

Highlights (as at 30 January 2022):

- Imported cases: 188 (111 Malaysian; 77 Non-Malaysian);
- Local cases: 4,727 [4,573 Malaysian (96.7%); 154 Non-Malaysian (3.3%)]

From 4,915:

- **39 cases** (0.8%): Category 3, 4 & 5;
- **4,876 cases** (99.1%): Category 1 & 2.





THE FIRST EIGHT **OMICRON** SYMPTOMS THAT SHOULD NEVER BE IGNORED

Professor Tim Spector, who leads the COVID ZOE SYMPTOM STUDY APP RESEARCH, has spoken out on the very signs of OMICRON. According to Health Science company ZOE, the first symptoms which can appear as quickly as 48 hours after you've been infected with OMICRON are:



1| **SNEEZING**



2| **FATIGUE**



3| **SCRATCHY THROAT**



4| **RUNNY NOSE**



5| **HEADACHE**



6| **LOWER BACK PAIN**



7| **NIGHT SWEATS & BODY ACHES**



8| **LOSS OF APPETITE**

January 1, 2022



SOURCE:
ZOE COVID Study



REMINDER



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Happy Chinese New Year. Self-test before visiting your family & friends. Remember [#TRIIS](#). If symptomatic, stay home. May the year of the Tiger be the year we get out of the pandemic. 虎年平安 pic.twitter.com/sNpCXdh1ML

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