COVID-19 Alert: 31 October 2021

Summary





Highlights as at 31 Oct 2021:

- Total 4,979 new cases (23 Imported cases)
- ICU utilization: 59.3%
- Hospital bed utilisation: 65.8%
- Active Cases = 76,969

At a Glance	Deaths Hosp. Cases Si				
	Cases 7d avg	Per 10K Past 7d ©	Pos. Rate	Trend Past 7d	Fully Vax
Malaysia	5,704	12	4.8%	-3%	74.9%
Johor Johor	483	9	3.1%	-19%	76.9%
Kedah	389	12	8.1%	+9%	68.6%
W Kelantan	537	20	18.0%	-5%	58.6%
Klang Vly.	1,467	12	3.0%	+13%	89.1%
Melaka	222	17	5.8%	+12%	75.0%
N. Sembilan	201	12	3.4%	+20%	79.6%
Pahang	308	13	7.1%	+14%	67.2%
Perak	259	7	4.4%	-31%	71.2%
Perlis	37	10	13.1%	+23%	77.2%
P. Pinang	319	13	3.0%	-9%	82.9%
Sabah	555	10	10.5%	-3%	57.3%
Sarawak	641	16	9.4%	-11%	74.0%
Selangor	1,171	13	3.2%	+14%	89.1%
T'gganu	281	16	6.7%	-23%	67.1%
KL	268	11	2.4%	+7%	89.1%
Labuan	6	4	0.5%	+50%	76.5%
Putrajaya	29	18	3.9%	+21%	89.1%



Reminder

Eating out lately?

Keep safe when out for "Kopi" and "Makan"

- Avoid crowds Dine during off-peak hours when possible and make reservations.
- Dine-in is now allowed at certain restaurants and F&B outlets upon presenting your COVID-19 vaccination e-certificate.
 - Completed vaccinations are defined as those who have passed 14 days from the day they received their second dose for vaccines requiring two shots (Pfizer, AstraZeneca and Sinovac).
 - As for vaccines requiring only one shot (Johnson & Johnson and CanSino), complete
 vaccinations is defined as those who have passed 28 days upon receiving their shots.
- Mask Up
 - Put your mask on when <u>not eating or drinking</u>.
 - Put up your mask <u>after your meal</u> before chatting with your friends / family.
- Remember to check-in and check-out via MySejahtera app whenever patronising restaurant.
- Use serving utensils— for shared dishes.
- Practise safe distancing keep at least
 1 m
 apart from other people. No mixing between groups.
- Throw used tissues and masks into bins.
- Use contactless payments Limit contact with others whenever possible.



Reminder

Traveling during this coming festive season?

Sateguarding your well being Keep yourself and your passengers safe.

- Limit number of occupants Occupy your car based on the vehicle capacity (e.g.: 4 seaters).
 Also, avoid car pooling with other household.
- Mask Up All passengers should wear a mask (double masking preferred).
- Open vehicle windows Improve air circulation.
- Bring in fresh outside air Try not to set the vehicle's ventilation to recirculate air
- Clean touch points frequently Clean your steering wheel, car door handles and seat belts
 often
- **Practice proper respiratory etiquette** Cough and sneeze into your elbow.
- Maintain good hygiene Wash or disinfect your hands before and after travel.
- Encourage to do Covid-19 self test before travelling (especially for cross-state travelling).
 For the full list of Covid-19 Self Test Kit, kindly refer to link below,

https://covid-19.moh.gov.my/semasa-kkm/2021/10/senarai-kit-ujian-covid-19-kendiri-yg-diluluskan-27102021









Traveling during this coming festive season? (Cont'd)



DO NOT travel – if you are unwell (cough, flu & fever) & NOT FULLY vaccinated.





Updates on Deepavali SOP:-

- NO dine-in are permitted at the temples. Only packed food are allowed to be distributed.
- Home visits are allowed for FULLY VACCINATED individuals.
- Religious activities & prayers at temples are allowed for FULLY VACCINATED individuals with controlled attendance based on size of the premises,
 - Location under Phase 3: 6am 2pm, 4pm 10pm.
 - Location under Phase 4: Timing is at the discretion of the respective premises.
- Parades are not allowed.
- Deepavali bazaars are allowed subject to the approval from local authorities.



(Source: The Star- 28 Oct 2021)