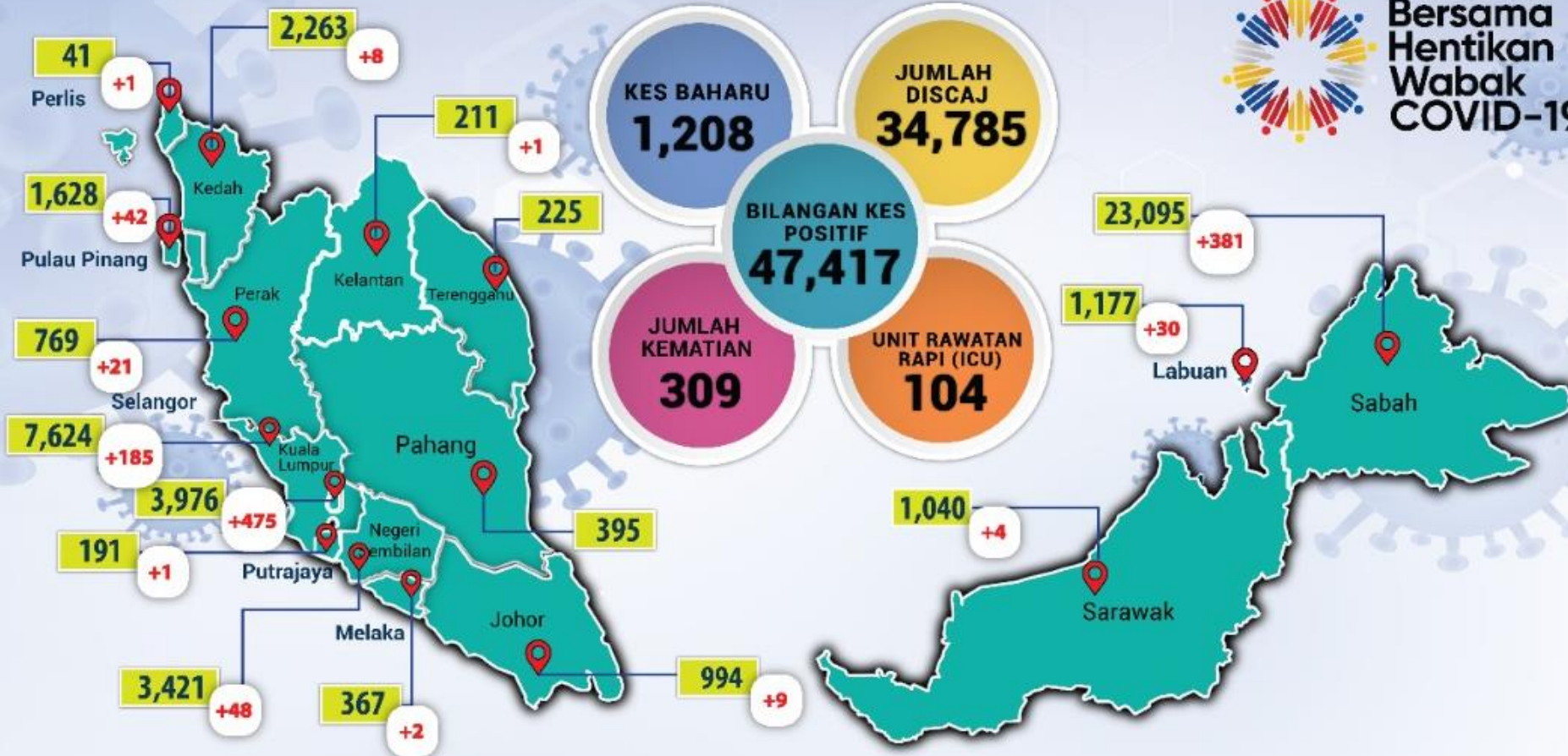




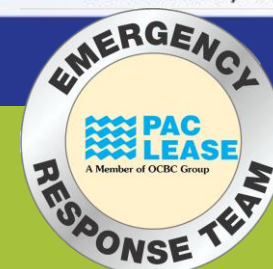
COVID-19 Alert : 15 November 2020



Bersama
Hentikan
Wabak
COVID-19



Sumber : CPRC, MOH





COVID-19 Alert : 15 November 2020



STATUS TERKINI
COVID-19
MALAYSIA

KLUSTER AKTIF DENGAN KES BAHARU
15 November 2020



KEMENTERIAN KESEHATAN
MALAYSIA

KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES	KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES
Tapak Bina Damanlela (KL & Selangor)	287+460	747	Saguking (Labuan)	381+10	391
Teratai (Selangor)	161+53	214	Mampulut (Sabah)	85+10	95
Perigi (Selangor)	214+33	247	Lengkuk (Selangor & N. Sembilan)	261+8	269
Intan (P. Pinang & Kedah)	105+33	138	Tenaga (Labuan)	111+8	119
Hentian (Selangor, KL, Putrajaya & N. Sembilan)	701+29	730	Permatang (Kedah, Perak, P. Pinang & P. Perak)	66+8	74
Cergas (N. Sembilan, Kelantan & Selangor)	1,118+17	1,135	Buntar (Kedah, Perak, Putrajaya, KL, Johor, Selangor & P. Pinang)	96+7	103
Kaya (N. Sembilan, KL, Melaka, Johor, Putrajaya & Selangor)	787+12	799	Ria-30 (Sabah)	120+6	126
Alila (Sabah)	23+11	34	Nahaba (Sabah)	34+5	39
Plaza (Sabah)	1+11	12	Istimewa (Sabah)	16+5	21

Kluster Plaza, Kluster Jalan Kalabakan & Kluster Jeri

KLUSTER BAHARU

SUMBER: CPKC KEBANGSAAN

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STATUS TERKINI
COVID-19
MALAYSIA

KLUSTER AKTIF DENGAN KES BAHARU
15 November 2020



KEMENTERIAN KESEHATAN
MALAYSIA

KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES	KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES
Tamar (Selangor)	10+5	15	Penjara Sandakan (Sabah)	431+2	433
Penjara Seberang Perai (P. Pinang)	549+4	553	Auto (Selangor, N. Sembilan & KL Putrajaya)	126+2	128
Usaha (Selangor, KL & Johor)	268+4	272	Greenhill (Sarawak)	88+2	90
Jambatan B (Sabah)	58+4	62	Karamunting (Sabah)	65+2	67
Jaya (N. Sembilan & Selangor)	93+3	96	Penjara Keparayan (Sabah)	1,844+1	1,845
Taman Bunga (N. Sembilan)	53+3	56	Bah Manggis (Sabah, Selangor & N. Sembilan)	160+1	161
GK Tawau (Sabah)	51+3	54	Rengas (Perak, P. Pinang & Kedah)	123+1	124
Jeri (Labuan)	23+3	26	Basung (Sabah)	93+1	94
Jalan Kalabakan (Sabah)	19+3	22	Bah Tropicana (Selangor & KL)	74+1	75

Kluster Plaza, Kluster Jalan Kalabakan & Kluster Jeri

KLUSTER BAHARU

SUMBER: CPKC KEBANGSAAN

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STATUS TERKINI
COVID-19
MALAYSIA

KLUSTER AKTIF DENGAN KES BAHARU
15 November 2020



KEMENTERIAN KESEHATAN
MALAYSIA

KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES	KLUSTER CLUSTER	KES BAHARU NEW CASES	KES KESELURUHAN TOTAL CASES
Titian (Labuan)	63+1	64	Bah Medan (Selangor)	48+1	49
Dialisis (Sabah)	46+1	47	Wisma Saberka (Sarawak)	43+1	44
Sauh (Sabah, Sarawak & Melaka)	34+1	35	Danau (KL)	15+1	16
Softwood LD (Sabah)	14+1	15	Haven (Sabah)	12+1	13
Assumption (P. Pinang & Kedah)	10+1	11			

Kluster Plaza, Kluster Jalan Kalabakan & Kluster Jeri

KLUSTER BAHARU

SUMBER: CPKC KEBANGSAAN

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SCENARIO



Melissa –
Pac Lease's staff

Sandra –
Melissa's friend

Melissa and Sandra
went out for dining
at a restaurant.



Sandra tested positive Covid-19 and
Melissa will go for Covid-19 test &
carry out home surveillance.



INFORMATION



SOP DI STESEN MINYAK

Pendaftaran Melalui Aplikasi MySejahtera atau secara manual

PERLU

- ✓ Memasuki kedai di stesen :
 - Pembayaran di kaunter
 - Pembelian barangan
 - Penggunaan ATM
- ✓ Penggunaan Surau / Tandas.
- ✓ Memasuki bengkel di stesen.
- ✓ Cuci kenderaan secara manual.

TIDAK PERLU

- ✗ Pembayaran secara atas talian / aplikasi.
- ✗ Pembayaran melalui tingkap / 'pigeon hole'.
- ✗ Mengisi angin tayar.
- ✗ Cuci kenderaan secara automatik. (kecuali bayar dalam kedai)



Pemeriksaan suhu badan



Pakai pelitup muka



Guna pensanitasi tangan



Jaga penjarakan fizikal





Majlis Keselamatan Negara



@MKNUPM



Majlis Keselamatan Negara (Rasmi)



@mkn_rasmi



TERKINI : Sidang khas MKN setuju beri kelonggaran **3 orang yang tinggal serumah** (berbanding 2 sebelum ini) dalam sebuah kenderaan sepanjang tempoh pelaksanaan PKPB.



TIADA KETETAPAN ATAU LARANGAN

UNTUK PENUMPANG DUDUK DI DEPAN ATAU BELAKANG DALAM KENDERAAN.



Majlis Keselamatan Negara



@MKNUPM



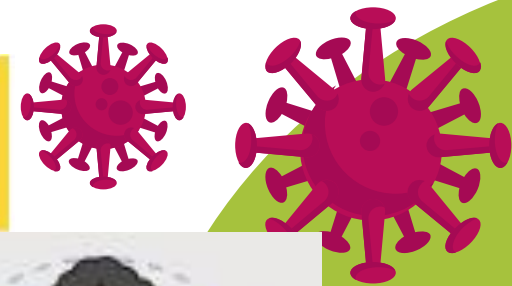
Majlis Keselamatan Negara (Rasmi)



@mkn_rasmi

INFORMATION

Coping with stress during the **COVID-19** outbreak



It is normal to feel sad, stressed, confused, scared or angry during a crisis.

Talking to people you trust can help. Contact your friends and family.



Be aware that not everything you hear about the virus may be true.

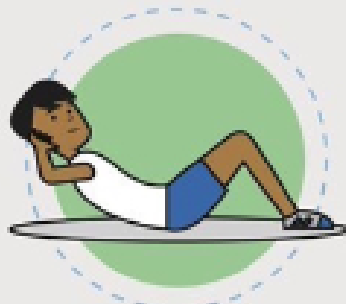
Stay updated and use information from trusted sources, like your health authority, World Health Organization (WHO) or your local Red Cross or Red Crescent.



Limit worry and agitation by lessening the time you and your family spend watching or listening to media coverage that you perceive as upsetting.



Draw on skills you have used in the past that have helped you to manage previous adversities and use those skills to help you manage your emotions during this outbreak.



If you must stay at home, maintain a healthy lifestyle including proper diet, sleep, exercise and social contact with family and friends at home and remotely.

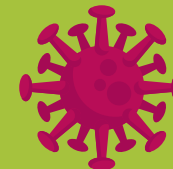
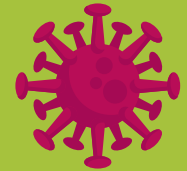
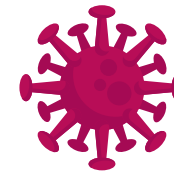


Deal with any emotions you may have in a healthy manner.

If you feel overwhelmed, talk to a health worker or counsellor. Have a plan, where to go to and how to seek help for physical and mental health needs if required.



REMINDER



REMINDER

COVID-19



**“AMALKAN LANGKAH PENCEGAHAN UNTUK
ELAKKAN JANGKITAN COVID-19”**



BANTULAH MALAYSIA
PUTUSKAN RANTAIAN COVID-19

